

## Finnish Hospital Successfully Innovates with Milestone XProtect in Treating Troubled Families

*The North Karelia Central Hospital in Joensuu, Finland is using Milestone XProtect® software to help treat interaction difficulties in child-parent relationships*



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Marianna Savio, Child Psychiatrist and Clinical Director, Clinic of Child Psychiatry, North Karelia Central Hospital.

**The Challenge:** North Karelia hospital was looking for an effective way to help parents with challenging babies and young children that have sleeping and feeding problems. Practice and research has demonstrated that video methods are essential tools for clinical interventions when treating problems in child-parent relationships. Therefore, authorities decided to use Milestone XProtect video surveillance to treat the troubled families.

**The Advantages:** The innovative Milestone XProtect solution has provided North Karelia Central Hospital with an effective tool for the multifaceted needs in their clinical work. They are now able to treat interaction difficulties between parents and their young children more efficiently.

**The Solution:** The installing Milestone partner Hällström designed and implemented an efficient solution with Milestone XProtect® Professional video software to manage Axis network cameras and Shure Professional microphones at the clinic. Furthermore, Hällström set up the users of the XProtect® Smart Client with the Finnish language interface, which significantly eases day-to-day operations for the employees.



## Video helps families with interaction difficulties in child-parent relationships.

The North Karelia Central Hospital in Joensuu, Finland has found new ways to benefit from Milestone XProtect software that goes beyond security.



The Milestone solution is an important tool in helping the families with problems they cannot solve by themselves. The result of the video interventions is healthier and happier babies and parents with increased knowledge and peace of mind. “Thanks to Milestone XProtect we can provide better help to parents with babies and toddlers who often have sleeping and feeding problems,” says Marianna Savio, Child Psychiatrist and Clinical Director, Clinic of Child Psychiatry, North Karelia Central Hospital.

At the hospital, the parents are let into a room with their child while the staff observes the parents from another room using the Milestone XProtect Smart Client.

“Axis cameras and Milestone XProtect are used in a special clinical environment furnished to look like a home with a kitchen and a bedroom. The hospital staff use the system to review interactions and evaluations together with the parents. The Milestone solution is planned to fulfill the requirements of the legislations concerning patient security and confidentiality. Recorded video material is to be saved for 90 days for clinical use only. Then it is exported on a DVD or destroyed for good according to treatment plan,” explains Jyrki Hällström, CEO at Hällström.

The XProtect software has proven to be a very useful tool for doctors, nurses and therapists. Several other hospitals are now interested in the same solution.

“We are extremely satisfied with the installation. We are actually looking to expand our solution to even more Milestone licenses for additional cameras within the next year,” concludes Marianna Savio.



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